

Social Group Work

Course Code: SWRK4010

Topic : Treatment Group and Task Group

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Treatment Group

- Treatment Group: The Treatment Group in SGW practice is:
 - ✓ Essential tool in clinical social work setting.
 - ✓ It play an important role to deal with other patients group like - Drug addicted group or in patients' group in health setup etc.

Primary Function or Purpose of Treatment Group:

1. Support, 2. Education, 3. Growth, 4. therapy and 5. Socialisation

Support : Support Group provide support in reference of same problem of other group. Being a support group it help, guide, gives assurance, supervision to other group for solving the problem of whole group.

- **Education** : Treatment group Educate about the problem. It provides information, enhance the knowledge spectrum. It enhance the skills and operation concept for doing the things. Education group act as a vehicle for learning and reinforce for discussion.
- **Growth**: It develop the potential and strength and expand for changing the thinking, opinion and behaviour of the group members. It enhance the power to face challenge, crisis and encounter the situation.

- **Therapy Group:** It provide the therapeutic methods & treatment modalities. According to Kanopka in 1963 has noted the importance of therapy group in connection with Psychiatry in the form of "Group Therapy", Psychotherapy, and other therapy methods in recovering the patients.
- **Socialisation:** This group are conducted in various setting according to Klein 1972 & Gravin 1989. This group is responsible for enhancing the social skills, appropriate social behaviour and social functioning. It help in fulfilment of personal need, reducing introvert personality concept of group members by creating recreational group

Task Group

Task Group:

- ✓ Task Group is focus on client needs to solve the problem as soon as possible.
- ✓ The Task group focus on discussion of a specific task.
- ✓ In task Group the role are assigned often relating to ability or expertise. The Success is based on accomplishing the task or producing a product.
- ✓ It emphasised on the group meeting, group action with the directive approach.

The main role of task Group are as:

1. Meeting the Client need
2. Meeting Organisational Need
3. Meeting Community Needs

Difference between Treatment Group and Task Group

Treatment Group

1. Members are bonded by their common needs & situations
2. Role are not set before the group is formed but develop through interaction among members
3. Communication Pattern are open and free to talk in Treatment Group
4. This group have Flexible procedure for meeting, decision making period and working time

Task Group

1. Members Create common bond by working together to accomplish a task to carry out the product
2. Members take their Role through a process of interaction.
3. Communication is focused upon particular task in Task Group
4. It has formalized rule that govern how members conduct different group task

5. Treatment Group has common concern, common problem or common activities .
6. In this group members are expected to disclose their own concern and problem
7. In Treatment Group proceeding of group should be confidential .
8. Result: to achieve their Individual treatment goal

5. Task Group composed of members with the necessary resources and expertise to accomplish the goal & objectives.
6. Self concern is considered instead of sharing their own experiences & concern.
7. In Task group proceeding are share by conference, meetings, committee, Delegate, Meetings Minutes circulated to the members.
8. Result: When find out the solution – then Task Perform with Planning

References:

- Konopka, G. (1963). *Social Group Work: A Helping Process*. Englewood Cliffs: Prentice Hall.
- Siddiqui, H.Y. (2008). *Group Work: Theories and Practices*. Jaipur: Rawat Publications.

Thank You