

SWRK4009

# THE PRINCIPLES OF SOCIAL CASE WORK RELATIONSHIPS

Method of Social Work

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# Seven Principles of the Social Work Relationship

- *Acceptance*
- *Non-judgemental Attitude*
- *Client Self Determination*
- *Individualization*
- *Controlled Emotional Involvement*
- *Purposeful Expression of Feelings*
- *Confidentiality*

# PRINCIPLE OF ACCEPTANCE

- Acceptance is principle of action where the case worker perceives and deals with the client as he really is, including his strength and weakness ,his congenial and uncogenial qualities ,his positive and negative feelings ,his constructive and destructive attitudes and behaviour maintaining all the while a sense of the client's innate dignity and personal worth.

# THE NON JUDGEMENTAL ATTITUDE

- The non -judgemental attitude is a quality of the case work relationship. It is based on a conviction that the case work function excludes assigning guilt or innocence, or degree of client responsibility for the causation of the problems or needs, but does include making evaluative judgement about the attitudes, standards, or actions of the client.

# CLIENT SELF -DETERMINATION

- The Principle of client self determination is the practical recognition of the right and need of clients to freedom in making their own choice and decision in the case work process.

# THE PRINCIPLE OF INDIVIDUALISATION

- ◉ Individualisation is the recognition and understanding of each client's unique qualities and the differential use of principles and method in assisting each towards a better adjustment.
- ◉ According to Prof. Walter A. Friedlander:
- ◉ *“The principles of individualization stipulates that the case work tries to relate and help each client as an individual as a person in a situation involving a unique combination of biological and social forces.”*

# THE PRINCIPLE OF CONTROLLED EMOTIONAL INVOLVEMENTS

- The controlled emotional involvement is the caseworker's sensitivity to the clients feelings ,an understanding of their meaning ,and purposeful, appropriate response to the client's feelings.
- Every communication is a two way process when one person speaks directly to another person , he expects some kind of a response.

# THE PRINCIPLE OF PURPOSEFUL EXPRESSION OF FEELINGS

- Purposeful expression of feelings is recognition of the client's need to express his feelings freely ,especially his negative feelings.
- Sometimes the feelings are even to be actively stimulated and encouraging them when they are there particularly useful as a part of the case work service.



# THE PRINCIPLE OF CONFIDENTIALITY

- Confidentiality is the preservation of secret information concerning the client which is disclosed in the professional relationship. Confidentiality is based upon a basic right of the client, it is an ethical obligation of the case worker and is necessary for effective case work services.

# REFERENCES

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**THANK YOU**

