Working with Individual (SWRK4009)
Social Case Work
(Meaning,Values, Objectives , Component & Importance)

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SOCIAL CASE WORK

Social Casework Defined

- Social casework is a method of helping people solve problems. It is individualized, scientific, and artistic.
- It helps individuals with personal as well as external and environmental matters.
- It is a method of helping through a relationship that taps personal and other resources for coping with problems.
- Interviewing and assessment are major tools of casework.
- It is biopsychosocial.

Meaning -

The social casework profession is focused on one primary goal: "to enhance human well-being and help meet the basic human needs of all people, with particular attention to the needs and empowerment of people who are vulnerable, oppressed, and living in poverty."

Working with Individual

Top Skills for Social Workers

Values in Social Case Work

Values maintained in casework are:

❑ **Every individual has potential capacity and the right to growth.**

❑ **Every individual has to contribute his social responsibility for the society's development .**

❑ **Every individual has inherent worth and dignity.**

❑ **Every individual has the right to self-determination and self**

❑ **The individual and society are interdependent.**

OBJECTIVES OF SOCIAL CASE WORK

Objectives

a. To understand and solve the internal problems of the individual.
b. To strengthen ones self-esteem.
c. Remediation of problems in social functioning.
d. Prevention of problems in social functioning.
e. Development of resources to enhance social functioning.

Components Of Social Case Work

Social Case Work Is the Process to help the individual. Help is to given to him to make him (1) **Self sufficient** (2) **Confident** and (3) **Independent**. The nucleus of social case work is given by H.H Pearlman as this ;

A *PERSON* with a *PROBLEM* comes to a *PLACE* where a *PROFESSIONAL REPRESENTATIVE* helps him by a given *PROCESS*.

Person

❖ The person is known as a client.

❖ Client (special person who have some problem).

❖ Person can be Men, Women, A Young, Aged.

❖ In Professional language a Problematic person Is Called ("Problem Suffering Person")

❖ First Effort To Solve The Problem By His Own Effort.

❖ External Support.(Friends, Family, Work Mates).Collaterals Resources

Problem

- **Paul B. Horton** says that a problem is a situation which exists anywhere, any and effects any person. When these hurdles are there, the individuals are become conscious of it and try to find out a solution.
- Problems arise from some needs or accumulation of frustration or maladjustment
- The problem is a situation, event or anything which impairs the normal functioning of the individual and makes him handicapped.

Place

The place may be a social service agency, department, or human welfare agency, which provides psycho- social services.

The complete process of case work is influenced by objectives, function, policies and resources of the agency.

Process

SOCIAL CASEWORK PROCESS

- Intake
- Exploration(study)
- Assessment (Diagnosis)
- Formulation of goals and treatment planning, intervention(treatment)
- Evaluation and Termination(Disengagement)

IMPORTANCE OF SOCIAL CASE WORK

❑ Social casework is a method of helping people solve psycho-social problems.

❑ It is individualized and scientific.

❑ It is a method of helping through a relationship for coping with problems.

❑ It helps individuals with personal as well as external and environmental issues.

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Thank you